

LISA DORFER MSc

www.linkedin.com/in/lisa-dorfer

Occupational Therapist | Health Outcomes Researcher | Lecturer | PhD Student in Public Health

I am an occupational therapist by profession. During my studies for the European Master of Science in Occupational Therapy, I shifted my professional focus and have since been working at the Institute for Outcomes Research at the Medical University of Vienna. Here I am currently pursuing a PhD in Public Health. I focus on the collection and analysis of outcomes data in health care, with an emphasis on patient-reported outcomes, as the inclusion of a patient's perspective is essential to improve health promotion, treatment and rehabilitation.



CONTACT



PHONE.
+43 676 5171 452



EMAIL.
lisa.dorfer@meduniwien.ac.at



ADDRESS.
1220, Vienna

LANGUAGE

GERMAN
Mother Language

ENGLISH
Perfect / Writing / Speaking

SPANISH
Basic / Speaking

EDUCATION

PhD in Public Health
Medical University Vienna
Since October 2022 (ongoing)

European Master of Science in Occupational Therapy MSc
Amsterdam University of Applied Sciences
2020 - 2022

Bachelor of Science in Health Studies BSc
IMC University of Applied Sciences Krems,
Department of Occupational Therapy
2014 – 2017

WORK & EXPERIENCE

RESEARCHER

Medical University of Vienna | Institute for Outcomes Research | since June 2021 (ongoing)

In line with my academic degree, I worked at the Institute for Outcomes Research, which is closely linked to the Ludwig Boltzmann Institute for Arthritis and Rehabilitation, in various roles. During my Master's program, I worked as a study nurse and documentation assistant. After completing my Master's degree, I was offered the opportunity to do a PhD in Public Health and to take up a research position as a data analyst. I still hold both positions until today.

Working title of doctoral thesis: Exploring the relationship between self-reported mix of activities in daily life and health and well-being

LECTURER

IMC University of Applied Sciences Krems, Fachhochschule Wiener Neustadt University of Applied Sciences, FH Campus Vienna | since October 2022 (ongoing)

Since October 2022, I have been teaching both quantitative research methods and evidence-based practice on a part-time basis at various universities of applied sciences in the occupational therapy degree program.

OCCUPATIONAL THERAPIST

Neurological Rehabilitation Center Rosenhügel | 1130 Vienna | September 2017 – May 2021

Full-time employment in a neurological rehabilitation centre with specialisation and advanced training in the field of neurology. This employment followed compulsory internships during the Bachelor's degree programme, which were carried out in the following areas:

Orthopedics | Pediatrics | Neurology | Psychiatry | Geriatrics

INVOLVEMENT

- Member of the EULAR Knowledge Translation Committee
- Member and Treasurer of the Austrian Society for Rheumatological Health Professions (ÖGRG)
- Mentor in the European Master of Science in Occupational Therapy
- Editor of the Occupational Therapy Journal Austria (2020-2023)

PUBLICATIONS

1 Ritschl, V., Eibensteiner, F., Mosor, E., Omara, M., **Sperl, L.**, Nawaz, F. A., Siva Sai, C., Cenanovic, M., Devkota, H. P., Hribersek, M., De, R., Klager, E., Schaden, E., Kletecka-Pulker, M., Völkl-Kernstock, S., Willschke, H., Aufricht, C., Atanasov, A. G., & Stamm, T. (2022). Mandatory Vaccination Against COVID-19: Twitter Poll Analysis on Public Health Opinion. *JMIR formative research*, 6(6), e35754. <https://doi.org/10.2196/35754>

2 Ritschl, V., **Sperl, L.**, Andrews, M. R., Björk, M., Boström, C., Cappon, J., Davergne, T., de la Torre-Aboki, J., de Thurah, A., Domján, A., Dragoi, R. G., Estévez-López, F., Ferreira, R. J. O., Fragoulis, G. E., Grygielska, J., Körve, K., Kukkurainen, M. L., Madelaine-Bonjour, C., Marques, A., Meesters, J., ... Stamm, T. A. (2023). Educational readiness among health professionals in rheumatology: low awareness of EULAR offerings and unfamiliarity with the course content as major barriers-results of a EULAR-funded European survey. *RMD open*, 9(2), e003120. <https://doi.org/10.1136/rmdopen-2023-003120>

3 Ritschl, V., Stamm, T., Selzer, A., Boesendorfer, A., Eibensteiner, F., Kaltenegger, L., Mosor, E., Omara, M., Vachuda, N., **Sperl, L.**, Masel, E. K., Aufricht, C., & Boehm, M. (2024). Life outcomes after paediatric kidney transplantation: a qualitative, biographical study in long-term survivors. *Archives of disease in childhood*, 109(3), 240–246. <https://doi.org/10.1136/archdischild-2023-326432>

4 **Sperl, L.**, Stamm, T., Mosor, E., Ritschl, V., Sivan, M., Hoffmann, K., & Gantschnig, B. (2024). Translation and cultural adaptation of the COVID-19 Yorkshire Rehabilitation Scale into German. *Frontiers in medicine*, 11, 1401491. <https://doi.org/10.3389/fmed.2024.1401491>

BOOKS

Co-author of the chapters
„Themefindung und Recherche“
and „Übersicht über bestehende
Literatur: (Literatur) Reviews“ in
the book "Wissenschaftliches
Arbeiten und Schreiben",
published in June 2023

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10.1007/978-3-662-66501-5_8

AWARD

Best Abstract Award at the LBG
Meeting "Innovation in Health
Sciences 2023"

TALKS

INVITED TALKS

Annual Conference of the Austrian Occupational Therapy Association 2021
Presentation of the DEA App (Dementia App)

Annual Conference of the Austrian Kur und Heilbäder Association 2022
Presentation of the Long COVID Registry in Austria

Oral Abstract Presentation at the EULAR conference in Copenhagen 2022
Talk about the educational needs of health professionals in rheumatology in Europe

Annual Conference of the Austrian Occupational Therapy Association 2022
Talk about the translation and adaptation of the C19-YRS COVID Screening Tool

Annual Conference of the ÖGR (Österreichische Gesellschaft für
Rheumatologie) 2022
Talk about Long COVID and Rheumatology

OARSI 2024 World Congress on Osteoarthritis
Talk about Understand the Epidemiology and Prognosis of Osteoarthritis

Annual Conference of the ÖGR (Österreichische Gesellschaft für
Rheumatologie) 2024
Talk about the ATLAS Program