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WORK EXPERIENCE

- 08/2021 – present** **Predoctoral Researcher, Medical University of Vienna, Austria** (full-time)
Center for Public Health, Department of Social and Preventive Medicine.
Supervisor: Ap. Prof. Priv.-Doz. Dr. med. Dr. scient. med. Igor Grabovac
- 07/2019 – 06/2021** **Psychiatric Nurse, Vienna Healthcare Group, Austria**
2nd Department of Psychiatry and Psychotherapeutic Medicine with Social Psychiatry
for People with Disabilities. Transitional Psychiatry.
- 07/2015 – 03/2016 &
07/2016 – 08/2016** **Community Service, Assista, Austria** (in lieu of military service)
Residential care facility for people living with disabilities.

ACADEMIC EXPERIENCE

- 2022 – present** **Lecturer**
Medical University of Vienna, Austria.
Seminars on “Diversity and target group-oriented care”, “Global Perspectives on Mental Healthcare”, “Homelessness & Health”, “Lifestyle and prevention”, “Mental health dialogue”, “Multi- and interdisciplinary work in medicine”, “Statistics”, and “Street medicine” within the graduate program “Human Medicine” (MD).
- 2023 – present** **Guest Lecturer**
University of Applied Sciences Campus Vienna, Austria.
Seminars on “Multiprofessional case studies” and “Statistics” as well as supervision of Bachelor’s theses within the undergraduate program “Healthcare and Nursing” (BSc).
- 2021 – present** **Guest Lecturer**
Academy for Continuing Education and Special Training in Nursing, Vienna Healthcare Group, Austria.
Basic lectures on “Public health” and “Health literacy” within the special training program “Cancer Nursing”.
- 2023 – 2024** **Guest Lecturer**
Carinthia University of Applied Sciences, Austria.
Course on “Medical basics of Disability & Diversity Studies” within the undergraduate program “Disability & Diversity Studies” (BA).
- 2022** **Guest Lecturer**
Paris Lodron University Salzburg, Austria.
Lecture on (public) mental health topics as part of a lecture series within the study program “Uni 55 PLUS” (certificate program).

EDUCATION & TRAINING

- 2021 – present** **Doctoral Studies in Applied Medical Science (PhD), Medical University of Vienna**
Thematic program “Public Health”. Doctoral thesis on “Improving access to cancer preventive care for people experiencing homelessness using a co-design approach”.
Supervisor: Ap. Prof. Priv.-Doz. Dr. med. Dr. scient. med. Igor Grabovac
Vienna, Austria
- 2021 – present** **Undergraduate Studies in Psychology (BSc), University of Vienna**
Vienna, Austria
- 2025** **MethodsNET Summer School hosted by Central European University**
Advanced training courses in critical discourse analysis and mixed methods research practices and techniques.
Vienna, Austria
- 2021 – 2023** **Propaedeutic Program in Psychotherapy, Vienna Psychoanalytic Academy**
First stage of a legally required two-stage training for psychotherapists in Austria.
Vienna, Austria
- 2019 – 2021** **Graduate Studies in Health Assisting Engineering (MSc), University of Applied Sciences Campus Vienna**
Master’s thesis on “Implementation of a mobile app as a support option for self-help in everyday life for adolescents with borderline personality disorder”.
Supervisor: FH-Prof. Dipl.-Ing. Mag. Dr. techn. Franz Werner
Vienna, Austria
- 2016 – 2019** **Undergraduate Studies in Healthcare and Nursing (BSc), University of Applied Sciences Campus Vienna**
Bachelor’s thesis on “Depression and anxiety in patients living with paraplegia due to spinal cord injury”.
Supervisor: Carmen Dorfmeister, BSc MSc
Vienna, Austria
- 2010 – 2015** **Technical college HTL Vöcklabruck**
Specialization on facilities engineering.
Vöcklabruck, Austria
- 2002 – 2010** **Elementary Schools Scharten and Bruckmühl & Middle School BRG Schloss Wagrain (Gymnasium with emphasis on natural sciences)**
Eferding, Austria, and Vöcklabruck, Austria

PROJECT EXPERIENCE

- 2025 – present** **HPVienna: Pioneering a Transdisciplinary Urban Surveillance System for Human Papilloma Virus with Vulnerable Communities**
Senior researcher. Collaboration with the Institute of Applied Immunology (Prof. Andreas Bergthaler), Technical University of Vienna (Dr. Niki Popper) and University of Vienna (Dr. Lisa Lehner).
Project proposing a novel transdisciplinary approach which integrates sequencing-based genomic epidemiology, mixed methods social science and public health research, and agent-based modeling to tackle the interconnected challenges of HPV infections and transmissions.
Funding: Vienna Science and Technology Fund (WWTF). Total budget: €699.405,00

2023 – present

INTERACT-EUROPE 100

Project coordinated by the European Cancer Organisation. Team member of WP5 “Evaluation” focusing on co-development and implementation of a comprehensive evaluation strategy employing a mixed-methods design.

Project aiming to develop and implement an inter-specialty cancer training program curriculum facilitating interdisciplinary work in oncology in a total of 100 European oncological centers.

Funding: EU4Health program. Total budget: €6.999.972,52

2024 – 2025

Co-Captain Vienna: Psychiatric Disorders as Cancer Co-morbidity

Member of the leading and coordinating team.

Project investigating the prevalence of cancer in people with lived experience of mental health conditions in one center in Vienna (“Klinik Hietzing”) and the applicability of the Patient Navigation Model in a clinical setting using mixed methods (retrospective quantitative analysis and focus groups).

Funding: MSD Austria. Total budget: €10.000,00

2023 – 2024

CoMitMenT: Trialologic co-design to improve physical healthcare for people with lived experience of mental illness

Project coordinator and principal investigator. Overall responsibility for project implementation and scientific strategy. 3 partner organizations.

Project aiming to identify barriers and facilitators to accessing physical healthcare services for people with lived experience of mental health conditions and co-develop strategies to improve access to these services employing a participatory co-creation design.

Funding: LBG OIS Center (PIIE Exploration Call). Total budget: €24.000,00

2021 – 2024

CANCERLESS: Cancer Prevention and Early Detection among the Homeless Population in Europe: Co-Adapting and Implementing the Health Navigator Model

Team member of the leading and coordinating project partner.

Project aiming to improve primary and secondary cancer prevention for people experiencing homelessness in four European countries (Austria, Greece, Spain, UK) by co-designing and implementing a novel skill-mix navigation model seeking to reduce access barriers to cancer preventive services.

Funding: EU Horizon 2020. Total budget: €2.820.326,25

PUBLICATIONS

PEER-REVIEWED PUBLICATIONS

- **Fragner, T.**, Tupy, C., Kainzbauer, L., Lehner, L., Eitenberger, M., Ladurner, J., & Grabovac, I. (2025). Access to somatic healthcare for people with mental health conditions in Austria: A trialologic participatory action research study. *SSM - Mental Health*, 100566. <https://doi.org/10.1016/j.ssmmh.2025.100566>
- Blasco-Calafat, A., Blanes-Selva, V., **Fragner, T.**, Doñate-Martínez, A., Alhambra-Borrás, T., Gawronska, J., Smith, L., Garcia-Gomez, J. M., Grabovac, I., & Sáez, C. (2025). Multisource Coherence Analysis of the First European Multicenter Cohort Study for Cancer Prevention in People Experiencing Homelessness: Data Quality Study. *JMIR Medical Informatics*, 13, e73596. <https://doi.org/10.2196/73596>
- Gil-Salmerón, A., Carmichael, C., **Fragner, T.**, Moudatsou, M., Tabaki, I., Cortes, J. B., Doñate-Martínez, A., Smith, L., & Grabovac, I. (2025). Cancer Prevention and Screening for People Experiencing Homelessness: Co-Designing the Health Navigator Model. *International Journal of Integrated Care*, 25(4), Article 11. <https://doi.org/10.5334/ijic.9293>
- Guzman-Benitez, J. E., **Fragner, T.**, Alhambra-Borrás, T., Doñate-Martínez, A., Blanes-Selva, V., García-Gómez, J. M., Barbu, S., Gawronska, J., Moudatsou, M., Tabaki, I., Belogianni, K., Karnaki, P.,

Varadé, M. R., Gómez-Trenado, R., Barrio-Cortes, J., Smith, L., Gil-Salmerón, A., & Grabovac, I. (2025). Evaluating the Impact of the Health Navigator Model on Housing Status Among People Experiencing Homelessness in Four European Countries. *Healthcare*, 13(21), 2805. <https://doi.org/10.3390/healthcare13212805>

- Blasco-Calafat, A., Blanes-Selva, V., Doñate-Martínez, A., **Fragner, T.**, Alhambra-Borrás, T., Gawronska, J., Moudatsou, M., Tabaki, I., Belogianni, K., Karnaki, P., Varadé, M. R., Gómez-Trenado, R., Barrio-Cortes, J., Smith, L., Gil-Salmeron, A., Grabovac, I., & García-Gómez, J. M. (2025). An AI-based Microsimulation for Predicting Health Outcomes Among People Experiencing Homelessness. *Computer Methods and Programs in Biomedicine*, 109112. <https://doi.org/10.1016/j.cmpb.2025.109112>
- Šerifović, A., **Fragner, T.**, Hama, H., Kirchheiner, K., & Grabovac, I. (2025). Patient-centred interprofessional education in cancer care: A scoping review protocol. *BMJ Open*, 15(2), e089909. <https://doi.org/10.1136/bmjopen-2024-089909>
- Karden, A., **Fragner, T.**, Feichtinger, C., Strizek, J., McDermott, D. T., & Grabovac, I. (2025). Utilization of drug checking services in Austria: a cross-sectional online survey. *Harm Reduction Journal*, 22(1). <https://doi.org/10.1186/s12954-025-01168-1>
- **Fragner, T.**, Hama, H., Šerifović, A., Kirchheiner, K., & Grabovac, I. (2024). Patient-centered interprofessional education in cancer care: A systematic scoping review. *BMC Medical Education*, 24(1), 1552. <https://doi.org/10.1186/s12909-024-06600-x>
- Kapan, A., Waldhör, T., **Schiffler, T.**, Beck, J., & Wöber, C. (2024). Diagnostic and therapeutic insights in individuals with persistent post-dural puncture headache: A cross-sectional study. *Headache*. Advance online publication. <https://doi.org/10.1111/head.14790>
- Kapan, A., Waldhör, T., **Schiffler, T.**, Beck, J., & Wöber, C. (2024). Health-related quality of life, work ability and disability among individuals with persistent post-dural puncture headache. *The Journal of Headache and Pain*, 25(1). <https://doi.org/10.1186/s10194-024-01765-8>
- **Schiffler, T.**, Reiter, E., Kapan, A., Kranz, G., Kotzian, S. T., & Haider, S. (2024). Perceptions of Therapeutic Climbing for Patients with Multiple Sclerosis in Neurorehabilitation: A Qualitative Study. *Healthcare*, 12(6). <https://doi.org/10.3390/healthcare12060674>
- Jeleff, M., Haider, S., **Schiffler, T.**, Gil-Salmerón, A., Yang, L., Barreto Schuch, F., & Grabovac, I. (2024). Cancer risk factors and access to cancer prevention services for people experiencing homelessness. *The Lancet Public Health*, 9(2), e128-e146. [https://doi.org/10.1016/S2468-2667\(23\)00298-0](https://doi.org/10.1016/S2468-2667(23)00298-0)
- Stefanac, S., Smith, L., Grabovac, I., Jacob, L., López Sánchez, G. F., Ilie, P. C., Koyanagi, A., **Schiffler, T.**, & Kostev, K. (2023). Changes in frequency of urology clinic visits and diagnosis of erectile dysfunction in Germany before and during COVID-19. *Revue D'epidemiologie Et De Sante Publique*, 71(6), 102181. <https://doi.org/10.1016/j.respe.2023.102181>
- Carmichael, C., **Schiffler, T.**, Smith, L., Moudatsou, M., Tabaki, I., Doñate-Martínez, A., Alhambra-Borrás, T., Kouvari, M., Karnaki, P., Gil-Salmeron, A., & Grabovac, I. (2023). Barriers and facilitators to health care access for people experiencing homelessness in four European countries: An exploratory qualitative study. *International Journal for Equity in Health*, 22(1), 206. <https://doi.org/10.1186/s12939-023-02011-4>
- **Schiffler, T.**, Jeleff, M., Gil-Salmerón, A., Yang, L., Haider, S., Schuch, F. B., & Grabovac, I. (2023). Cancer risk factors and access to cancer prevention services for people experiencing homelessness: A scoping review protocol. *BMJ Open*, 13(8), e074710. <https://doi.org/10.1136/bmjopen-2023-074710>
- **Schiffler, T.**, Carmichael, C., Smith, L., Doñate-Martínez, A., Alhambra-Borrás, T., Varadé, M. R., Barrio Cortes, J., Kouvari, M., Karnaki, P., Moudatsou, M., Tabaki, I., Gil-Salmeron, A., & Grabovac, I. (2023). Access to cancer preventive care and program considerations for people experiencing homelessness across four European countries: An exploratory qualitative study. *EClinicalMedicine*, 62, 102095. <https://doi.org/10.1016/j.eclinm.2023.102095>
- **Schiffler, T.**, Kapan, A., Gansterer, A., Pass, T., Lehner, L., Gil-Salmeron, A., McDermott, D. T., & Grabovac, I. (2023). Characteristics and Effectiveness of Co-Designed Mental Health Interventions in Primary Care for People Experiencing Homelessness: A Systematic Review. *International Journal of Environmental Research and Public Health*, 20(1). <https://doi.org/10.3390/ijerph20010892>
- **Schiffler, T.**, Seiler-Ramadas, R., Štefanac, S., Haider, S., Mues, H. M., & Grabovac, I. (2022). Implementation of a Mobile DBT App and Its Impact on Suicidality in Transitional Age Youth with Borderline Personality Disorder: A Qualitative Study. *International Journal of Environmental Research and Public Health*, 19(2). <https://doi.org/10.3390/ijerph19020701>

BOOK CHAPTERS

- Fragner, L., **Schiffler, T.**, & Plener, P. L. (2024). Migration und Flucht – Auswirkungen auf Kinder und Jugendliche. In J. M. Fegert, F. Resch, M. Kaess, M. Döpfner, K. Konrad, T. Legenbauer, & P. Plener (Eds.), *Springer Reference Medizin. Psychiatrie und Psychotherapie des Kindes- und Jugendalters* (pp. 193–210). Springer Berlin Heidelberg. https://doi.org/10.1007/978-3-662-66744-6_51
- **Schiffler, T.**, Mües, H. M., & Grabovac, I. (2023). Sexual Activity and Mental Health Benefits in Older Adults. In L. Smith & I. Grabovac (Eds.), *Practical Issues in Geriatrics. Sexual Behaviour and Health in Older Adults* (pp. 25–43). Springer International Publishing. https://doi.org/10.1007/978-3-031-21029-7_4

EDITORIALS

- **Fragner, T.**, Belogianni, K., & Grabovac, I. (2024). Cancer care in people experiencing homelessness: Identifying key issues, challenges, and facilitators. *The British Journal of General Practice: The Journal of the Royal College of General Practitioners*, 74(745), 342–343. <https://doi.org/10.3399/bjgp24X738801>

PUBLISHED CONFERENCE ABSTRACTS

- Mües, H. M., **Fragner, T.**, Alhambra-Borrás, T., Doñate-Martínez, A., Gawronska, J., Tabaki, I., Belogianni, K., Varadé M. R., Schäfer, K., & Grabovac, I. (2025). Impact of the Health Navigator Model on mental health of people experiencing homelessness in Europe. *European Journal of Public Health*, 35(Supplement_4), Article ckaf161.1925. <https://doi.org/10.1093/eurpub/ckaf161.1925>
- Gil-Salmerón, A., Doñate-Martínez, A., Alhambra-Borrás, T., Lone, I. M., **Schiffler, T.**, & Grabovac, I. (2025). Homelessness and Cancer Prevention: Three Years of Experience with the CANCERLESS Project. *International Journal of Integrated Care*, 25, 562. <https://doi.org/10.5334/ijic.ICIC24260>
- Alhambra-Borrás, T., Blanes-Selva, V., **Schiffler, T.**, Gawronska, J., Smith, L., Tabaki, I., Moudatsou, M., Gómez-Trenado, R., Benito, B., & Grabovac, I. (2024). Empowering People Experiencing Homelessness for cancer prevention using the Health Navigator Model. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.629. <https://doi.org/10.1093/eurpub/ckae144.629>
- Belogianni, K., Kouvari, M., Gawronska, J., **Schiffler, T.**, Knapp, M., Gómez Trenado, R., Tabaki, I., Moudatsou, M., González Peña, P., & Grabovac, I. (2024). Cancer prevention in people experiencing homelessness: feasibility of the Health Navigator Model. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.1248. <https://doi.org/10.1093/eurpub/ckae144.1248>
- **Schiffler, T.**, Jeleff, M., Alhambra-Borrás, T., Gawronska, J., Varadé, M. R., Gómez Trenado, R., Barrio Cortes, J., Tabaki, I., Moudatsou, M., & Grabovac, I. (2024). Cancer prevention for homeless people: Qualitative evaluation of the Health Navigator Model. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.1325. <https://doi.org/10.1093/eurpub/ckae144.1325>
- **Schiffler, T.**, Kainzbauer, L., Tupy, C., Lehner, L., Eitenberger, M., & Grabovac, I. (2024). Improving physical healthcare for people experiencing mental illness: The COMMITMENT project. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.597. <https://doi.org/10.1093/eurpub/ckae144.597>
- Jeleff, M., Haider, S., **Schiffler, T.**, Gil-Salmerón, A., Yang, L., Barreto Schuch, F., & Grabovac, I. (2023). Cancer risk factors and access to cancer screening for people experiencing homelessness. *European Journal of Public Health*, 33(Supplement_2), Article ckad160.1153. <https://doi.org/10.1093/eurpub/ckad160.1153>
- **Schiffler, T.**, Gil-Salmerón, A., Doñate-Martínez, A., Varadé, M. R., Barrio Cortes, J., Kouvari, M., Karnaki, P., Moudatsou, M., Tabaki, I., & Grabovac, I. (2023). Cancer prevention for people experiencing homelessness: Co-designing the Health Navigator Model. *European Journal of Public Health*, 33(Supplement_2), Article ckad160.360. <https://doi.org/10.1093/eurpub/ckad160.360>
- **Schiffler, T.**, Barbu, S., Carmichael, C., Smith, L., Barrio-Cortes, J., Doñate-Martínez, A., Alhambra-Borrás, T., Moudatsou, M., Tabaki, I., Karnaki, P., Kouvari, M., Gil-Salmerón, A., Markovic, L., & Grabovac, I. (2023). European Cancer Summit 2022 Submission for Prevention, Early Detection and Screening Network: Cancer prevention and care for people experiencing homelessness: barriers and facilitators at system, provider, and individual level in four European countries. *Journal of Cancer Policy*, 35. <https://doi.org/10.1016/j.jcpo.2023.100385>
- Gil-Salmerón, A., Grabovac, I., Karnaki, P., Doñate-Martínez, A., Carmichael, C., & **Schiffler, T.** (2022). Beyond CANCERLESS: Building up strategies to guarantee the scalability and transferability of the Health Navigator Model to real-life settings across Europe. *International Journal of Integrated Care*, 22(S3), 475. <https://doi.org/10.5334/ijic.ICIC22438>

- **Schiffler, T.**, Carmichael, C., Gil-Salmeron, A., Kouvari, M., Karnaki, P., & Grabovac, I. (2022). Barriers to access cancer prevention services for the homeless population in four European countries. *European Journal of Public Health*, 32(Supplement_3), Article ckac129.069. <https://doi.org/10.1093/eurpub/ckac129.069>
- **Schiffler, T.**, Carmichael, C., Lehner, L., Gil-Salmeron, A., Kouvari, M., Karnaki, P., & Grabovac, I. (2022). Barriers and facilitators to healthcare access for homeless people in four European countries. *European Journal of Public Health*, 32(Supplement_3), Article ckac129.068. <https://doi.org/10.1093/eurpub/ckac129.068>

AWARDS & SCHOLARSHIPS

- 2025** Young Forum Gastein Scholarship for the European Health Forum Gastein in Bad Hofgastein, Austria, with the main theme *“Rethinking solidarity in health: Healing Europe’s fractured social contract”*
- 2024** Best Abstract Award at the 6th International Conference on Mental Health and Recovery in Bern, Switzerland, for the abstract entitled *“Trialogisches Co-Design zur Verbesserung körperlicher Gesundheitsversorgung für Menschen mit psychischen Erkrankungserfahrungen: Das CoMitMent Projekt”* which outlines the methodological approaches to co-design strategies with people with lived experiences of mental health issues focusing on the “trialogic” construct aiming to improve access to somatic healthcare services

PROFESSIONAL MEMBERSHIPS

- European Public Health Association
- Austrian Public Health Association
- MethodsNET (Methods Excellence Network)

LANGUAGES

- German (native speaker)
- English (bilingual proficiency)