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WORK EXPERIENCE

- 08/2021 – present** **Predoctoral Researcher, Medical University of Vienna, Austria** (full-time)
Center for Public Health, Department of Social and Preventive Medicine.
Supervisor: Ap. Prof. Priv.-Doz. Dr. med. Dr. scient. med. Igor Grabovac
- 07/2019 – 06/2021** **Psychiatric Nurse, Vienna Healthcare Group, Austria**
2nd Department of Psychiatry and Psychotherapeutic Medicine with Social Psychiatry
for People with Disabilities. Transitional Psychiatry.
- 07/2015 – 03/2016 &
07/2016 – 08/2016** **Community Service, Assista, Austria** (volunteer work experience)
Residential care facility for people living with disabilities.

ACADEMIC EXPERIENCE

- 2022 – present** **Lecturer**
Medical University of Vienna, Austria.
Seminars on “Diversity and target group-oriented care”, “Global Perspectives on
Mental Healthcare”, “Homelessness & Health”, “Lifestyle and prevention”, “Mental
health dialogue”, “Multi- and interdisciplinary work in medicine”, and “Street
medicine” within the graduate program “Human Medicine” (MD).
- 2023 – present** **Guest Lecturer**
University of Applied Sciences FH Campus Vienna, Austria.
Seminars on “Multiprofessional case studies” and “Statistics” as well as supervision of
Bachelor’s theses within the undergraduate program “Healthcare and Nursing” (BSc).
- 2021 – present** **Guest Lecturer**
Academy for Continuing Education and Special Training in Nursing, Vienna
Healthcare Group, Austria.
Basic lectures on “Public health” and “Health literacy” within the special training
program “Cancer Nursing”.
- 2023 – 2024** **Guest Lecturer**
Carinthia University of Applied Sciences, Austria.
Course on “Medical basics of Disability & Diversity Studies” within the
undergraduate program “Disability & Diversity Studies” (BA).
- 2022** **Guest Lecturer**
Paris Lodron University Salzburg, Austria.
Lecture on (public) mental health topics as part of a lecture series within the study
program “Uni 55 PLUS” (certificate program).

EDUCATION & TRAINING

- 2021 – present** **Doctoral Studies in Applied Medical Science (PhD), Medical University of Vienna**
Thematic program “Public Health”. Doctoral thesis on “Improving access to cancer preventive care for people experiencing homelessness using a co-design approach”.
Supervisor: Ap. Prof. Priv.-Doz. Dr. med. Dr. scient. med. Igor Grabovac
Vienna, Austria
- 2021 – present** **Undergraduate Studies in Psychology (BSc), University of Vienna**
Vienna, Austria
- 2021 – 2023** **Propaedeutic Program in Psychotherapy, Vienna Psychoanalytic Academy**
First stage of a legally required two-stage training for psychotherapists in Austria.
Vienna, Austria
- 2019 – 2021** **Graduate Studies in Health Assisting Engineering (MSc), University of Applied Sciences FH Campus Vienna**
Master’s thesis on “Implementation of a mobile app as a support option for self-help in everyday life for adolescents with borderline personality disorder”.
Supervisor: FH-Prof. Dipl.-Ing. Mag. Dr. techn. Franz Werner
Vienna, Austria
- 2016 – 2019** **Undergraduate Studies in Healthcare and Nursing (BSc), University of Applied Sciences FH Campus Vienna**
Bachelor’s thesis on “Depression and anxiety in patients living with paraplegia due to spinal cord injury”.
Supervisor: Carmen Dorfmeister, BSc MSc
Vienna, Austria
- 2010 – 2015** **Technical college HTL Vöcklabruck**
Specialization on facilities engineering.
Vöcklabruck, Austria
- 2002 – 2010** **Elementary School & Middle School BRG Schloss Wagrain (Gymnasium with emphasis on natural sciences)**
Vöcklabruck, Austria

PROJECT EXPERIENCE

- 2023 – present** **INTERACT-EUROPE 100**
Project coordinated by the European Cancer Organisation. Team member of WP5 “Evaluation” focusing on co-development and implementation of a comprehensive evaluation strategy employing a mixed-methods design.
Project aiming to develop and implement an inter-specialty cancer training program curriculum facilitating interdisciplinary work in oncology in a total of 100 European oncological centers.
Funding: EU4Health program. Total budget: €6.999.972,52
- 2021 – present** **CANCERLESS: Cancer Prevention and Early Detection among the Homeless Population in Europe: Co-Adapting and Implementing the Health Navigator Model**
Team member of the leading and coordinating project partner.
Project aiming to improve primary and secondary cancer prevention for people experiencing homelessness in four European countries (Austria, Greece, Spain, UK) by co-designing and implementing a novel skill-mix navigation model seeking to reduce access barriers to cancer preventive services.
Funding: EU Horizon 2020. Total budget: €2.820.326,25

CoMitMenT: Triologic co-design to improve physical healthcare for people with lived experience of mental illness

Project coordinator and principal investigator. Overall responsibility for project implementation and scientific strategy. 3 partner organizations.

Project aiming to identify barriers and facilitators to accessing physical healthcare services for people experiencing mental ill-health and co-develop strategies to improve access to these services employing a participatory co-creation design.

Funding: LBG OIS Center (PPIE Exploration Call). Total budget: €24.000,00

PUBLICATIONS**PEER-REVIEWED PUBLICATIONS**

- **Fragner, T.**, Hama, H., Šerifović, A., Kirchheiner, K., & Grabovac, I. (2024). Patient-centered interprofessional education in cancer care: A systematic scoping review. *BMC Medical Education*, 24(1), 1552. <https://doi.org/10.1186/s12909-024-06600-x>
- Kapan, A., Waldhör, T., **Schiffler, T.**, Beck, J., & Wöber, C. (2024). Diagnostic and therapeutic insights in individuals with persistent post-dural puncture headache: A cross-sectional study. *Headache*. Advance online publication. <https://doi.org/10.1111/head.14790>
- Kapan, A., Waldhör, T., **Schiffler, T.**, Beck, J., & Wöber, C. (2024). Health-related quality of life, work ability and disability among individuals with persistent post-dural puncture headache. *The Journal of Headache and Pain*, 25(1). <https://doi.org/10.1186/s10194-024-01765-8>
- **Schiffler, T.**, Reiter, E., Kapan, A., Kranz, G., Kotzian, S. T., & Haider, S. (2024). Perceptions of Therapeutic Climbing for Patients with Multiple Sclerosis in Neurorehabilitation: A Qualitative Study. *Healthcare*, 12(6). <https://doi.org/10.3390/healthcare12060674>
- Jeleff, M., Haider, S., **Schiffler, T.**, Gil-Salmerón, A., Yang, L., Barreto Schuch, F., & Grabovac, I. (2024). Cancer risk factors and access to cancer prevention services for people experiencing homelessness. *The Lancet Public Health*, 9(2), e128-e146. [https://doi.org/10.1016/S2468-2667\(23\)00298-0](https://doi.org/10.1016/S2468-2667(23)00298-0)
- Stefanac, S., Smith, L., Grabovac, I., Jacob, L., López Sánchez, G. F., Ilie, P. C., Koyanagi, A., **Schiffler, T.**, & Kostev, K. (2023). Changes in frequency of urology clinic visits and diagnosis of erectile dysfunction in Germany before and during COVID-19. *Revue D'epidemiologie Et De Sante Publique*, 71(6), 102181. <https://doi.org/10.1016/j.respe.2023.102181>
- Carmichael, C., **Schiffler, T.**, Smith, L., Moudatsou, M., Tabaki, I., Doñate-Martínez, A., Alhambra-Borrás, T., Kouvari, M., Karnaki, P., Gil-Salmeron, A., & Grabovac, I. (2023). Barriers and facilitators to health care access for people experiencing homelessness in four European countries: An exploratory qualitative study. *International Journal for Equity in Health*, 22(1), 206. <https://doi.org/10.1186/s12939-023-02011-4>
- **Schiffler, T.**, Jeleff, M., Gil-Salmerón, A., Yang, L., Haider, S., Schuch, F. B., & Grabovac, I. (2023). Cancer risk factors and access to cancer prevention services for people experiencing homelessness: A scoping review protocol. *BMJ Open*, 13(8), e074710. <https://doi.org/10.1136/bmjopen-2023-074710>
- **Schiffler, T.**, Carmichael, C., Smith, L., Doñate-Martínez, A., Alhambra-Borrás, T., Varadé, M. R., Barrio Cortes, J., Kouvari, M., Karnaki, P., Moudatsou, M., Tabaki, I., Gil-Salmeron, A., & Grabovac, I. (2023). Access to cancer preventive care and program considerations for people experiencing homelessness across four European countries: An exploratory qualitative study. *EClinicalMedicine*, 62, 102095. <https://doi.org/10.1016/j.eclinm.2023.102095>
- **Schiffler, T.**, Kapan, A., Gansterer, A., Pass, T., Lehner, L., Gil-Salmeron, A., McDermott, D. T., & Grabovac, I. (2023). Characteristics and Effectiveness of Co-Designed Mental Health Interventions in Primary Care for People Experiencing Homelessness: A Systematic Review. *International Journal of Environmental Research and Public Health*, 20(1). <https://doi.org/10.3390/ijerph20010892>
- **Schiffler, T.**, Seiler-Ramadas, R., Štefanac, S., Haider, S., Mues, H. M., & Grabovac, I. (2022). Implementation of a Mobile DBT App and Its Impact on Suicidality in Transitional Age Youth with Borderline Personality Disorder: A Qualitative Study. *International Journal of Environmental Research and Public Health*, 19(2). <https://doi.org/10.3390/ijerph19020701>

BOOK CHAPTERS

- Fragner, L., **Schiffler, T.**, & Plener, P. L. (2024). Migration und Flucht – Auswirkungen auf Kinder und Jugendliche. In J. M. Fegert, F. Resch, M. Kaess, M. Döpfner, K. Konrad, T. Legenbauer, & P. Plener (Eds.), *Springer Reference Medizin. Psychiatrie und Psychotherapie des Kindes- und Jugendalters* (pp. 193–210). Springer Berlin Heidelberg. https://doi.org/10.1007/978-3-662-66744-6_51
- **Schiffler, T.**, Mües, H. M., & Grabovac, I. (2023). Sexual Activity and Mental Health Benefits in Older Adults. In L. Smith & I. Grabovac (Eds.), *Practical Issues in Geriatrics. Sexual Behaviour and Health in Older Adults* (pp. 25–43). Springer International Publishing. https://doi.org/10.1007/978-3-031-21029-7_4

EDITORIALS

- **Fragner, T.**, Belogianni, K., & Grabovac, I. (2024). Cancer care in people experiencing homelessness: Identifying key issues, challenges, and facilitators. *The British Journal of General Practice: The Journal of the Royal College of General Practitioners*, 74(745), 342–343. <https://doi.org/10.3399/bjgp24X738801>

PUBLISHED CONFERENCE ABSTRACTS

- Alhambra-Borrás, T., Blanes-Selva, V., **Schiffler, T.**, Gawronska, J., Smith, L., Tabaki, I., Moudatsou, M., Gómez-Trenado, R., Benito, B., & Grabovac, I. (2024). Empowering People Experiencing Homelessness for cancer prevention using the Health Navigator Model. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.629. <https://doi.org/10.1093/eurpub/ckae144.629>
- Belogianni, K., Kouvari, M., Gawronska, J., **Schiffler, T.**, Knapp, M., Gómez Trenado, R., Tabaki, I., Moudatsou, M., González Peña, P., & Grabovac, I. (2024). Cancer prevention in people experiencing homelessness: feasibility of the Health Navigator Model. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.1248. <https://doi.org/10.1093/eurpub/ckae144.1248>
- **Schiffler, T.**, Jeleff, M., Alhambra-Borrás, T., Gawronska, J., Rico Varadé, M., Gómez Trenado, R., Barrio Cortes, J., Tabaki, I., Moudatsou, M., & Grabovac, I. (2024). Cancer prevention for homeless people: Qualitative evaluation of the Health Navigator Model. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.1325. <https://doi.org/10.1093/eurpub/ckae144.1325>
- **Schiffler, T.**, Kainzbauer, L., Tupy, C., Lehner, L., Eitenberger, M., & Grabovac, I. (2024). Improving physical healthcare for people experiencing mental illness: The COMMITMENT project. *European Journal of Public Health*, 34(Supplement_3), Article ckae144.597. <https://doi.org/10.1093/eurpub/ckae144.597>
- Jeleff, M., Haider, S., **Schiffler, T.**, Gil-Salmerón, A., Yang, L., Barreto Schuch, F., & Grabovac, I. (2023). Cancer risk factors and access to cancer screening for people experiencing homelessness. *European Journal of Public Health*, 33(Supplement_2), Article ckad160.1153. <https://doi.org/10.1093/eurpub/ckad160.1153>
- **Schiffler, T.**, Gil-Salmerón, A., Doñate-Martínez, A., Rico Varadé, M., Barrio Cortes, J., Kouvari, M., Karnaki, P., Moudatsou, M., Tabaki, I., & Grabovac, I. (2023). Cancer prevention for people experiencing homelessness: Co-designing the Health Navigator Model. *European Journal of Public Health*, 33(Supplement_2), Article ckad160.360. <https://doi.org/10.1093/eurpub/ckad160.360>
- **Schiffler, T.**, Barbu, S., Carmichael, C., Smith, L., Barrio-Cortes, J., Doñate-Martinez, A., Alhambra-Borrás, T., Moudatsou, M., Tabaki, I., Karnaki, P., Kouvari, M., Gil-Salmerón, A., Markovic, L., & Grabovac, I. (2023). European Cancer Summit 2022 Submission for Prevention, Early Detection and Screening Network: Cancer prevention and care for people experiencing homelessness: barriers and facilitators at system, provider, and individual level in four European countries. *Journal of Cancer Policy*, 35. <https://doi.org/10.1016/j.jcpo.2023.100385>
- Gil-Salmerón, A., Grabovac, I., Karnaki, P., Doñate-Martinez, A., Carmichael, C., & **Schiffler, T.** (2022). Beyond CANCERLESS: Building up strategies to guarantee the scalability and transferability of the Health Navigator Model to real-life settings across Europe. *International Journal of Integrated Care*, 22(S3), 475. <https://doi.org/10.5334/ijic.ICIC22438>
- **Schiffler, T.**, Carmichael, C., Gil-Salmeron, A., Kouvari, M., Karnaki, P., & Grabovac, I. (2022). Barriers to access cancer prevention services for the homeless population in four European countries. *European Journal of Public Health*, 32(Supplement_3), Article ckac129.069. <https://doi.org/10.1093/eurpub/ckac129.069>
- **Schiffler, T.**, Carmichael, C., Lehner, L., Gil-Salmeron, A., Kouvari, M., Karnaki, P., & Grabovac, I. (2022). Barriers and facilitators to healthcare access for homeless people in four European countries. *European Journal of Public Health*, 32(Supplement_3), Article ckac129.068. <https://doi.org/10.1093/eurpub/ckac129.068>

AWARDS

2024 Best Abstract Award at the 6th International Conference on Mental Health and Recovery in Bern, Switzerland, for the abstract entitled “*Triologisches Co-Design zur Verbesserung körperlicher Gesundheitsversorgung für Menschen mit psychischen Erkrankungserfahrungen: Das CoMitMent Projekt*” which outlines the methodological approaches to co-design strategies with people with lived experiences of mental health issues focusing on the “*triologic*” construct aiming to improve access to somatic healthcare services

PROFESSIONAL MEMBERSHIPS

- European Public Health Association
- Austrian Public Health Association

LANGUAGES

- German (native speaker)
- English (bilingual proficiency)