

Curriculum vitae

Univ.Prof. Dr. Paul Plener, MHBA

Personal Information

Name: **Paul L Plener**

Current affiliation: Medical University Vienna, Dept. of Child and Adolescent Psychiatry,
Waehringerguertel 18-20, 090 Vienna, Austria, +43 40400 30760, +43 664
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Education

2015 Habilitation in Child and Adolescent Psychiatry and Psychotherapy at the University of Ulm

2015 Master of Health Business Administration (MHBA) at the Friedrich Alexander University Erlangen, Germany

2011 Doctoral degree (Dr.med) at the University of Ulm, Germany („summa cum laude“)

2004 Doctoral degree (Dr.med.univ.): MD, Medical University of Vienna, Austria,

Positions

2018 - Chair of Child and Adolescent Psychiatry Medical University Vienna, Head of the Dept. of Child and Adolescent Psychiatry Medical University Vienna/ Vienna General Hospital (AKH)

2016 - 2018 Full professor (W3) of Child and Adolescent Psychiatry, Deputy head of Dept., University of Ulm, Germany

2016 Senior research fellow: Central Institute of Mental Health, Mannheim Germany

2013 - 2016 Deputy head of Dept. of Child and Adolescent Psychiatry, University of Ulm Germany

2011-2013 Consultant and Managing consultant: Dept. of Child and Adolescent Psychiatry, University of Ulm Germany

Additional research achievements

Awards

2025 Emile Verhaeren Chair, VUB, Brussels

2022 Invited Fellow: International Society for the Study of Self-Injury

2017 Emminghaus Award: German society for Child and Adolescent Psychiatry (DGKJP)

2006 Donald J. Cohen Fellowship of the International Association of Child and Adolescent Psychiatry and Allied Professions (IACAPAP)

Selected projects

2017 - 2022 Self-Injury: Treatment-Assessment-Recovery (STAR): German Federal Ministry of Research and Education (BMBF): PI and Head of Consortium: € 3.100.000 (whole consortium)

2015 - 2018 Strong Schools against Suicidality and Self-Injury (4S): Baden-Wuerttemberg Foundation: PI: € 750.000.-

2013-2019 Therapeutic Drug Monitoring: TDM Vigil: German Federal Institute of Drugs and Medical Devices (BfARM): Co-PI: € 1.100.000

Professional Activities

2023- President of the Austrian society for Child and Adolescent Psychiatry (OEGKJP)

2021- Executive board member: German speaking society for psychotraumatology (DeGPT)

2022 Scientific advisory committee: University of Heidelberg, Centre for Psychosocial Medicine

2008- International Society for the Study of self-Injury (congress president 2013 and 2023)

National guideline development (AWMF)

2016 S2k Guideline: Nonsuicidal Self-injury in Adolescence (coordinator)

2017 S2k Guideline: Suicidality in Adolescence (coordinator)
2018 Posttraumatic stress disorder (member)
2023- Posttraumatic stress disorder (steering committee)

Invited lectures

2023 What helps adolescents who self-harm? Therapeutic approaches for challenging behaviours at the Emanuel Miller memorial international conference of the Association for Child and Adolescent Mental Health (ACAMH)
2022 Tailoring Treatments for NSSI: what we know and what we still need to learn: Invited fellow at the conference of the International Society for the Study of Self-Injury
2020 State-of-the-art: Nonsuicidal Self-injury: a new normal or an epidemic? At the conference of the International Association of Child and Adolescent Psychiatry and Allied Professions (IACAPAP)

Publication Summary

Narrative Description of Research 236 Peer-reviewed papers, 4 books, 60 book chapters, h-Index: 57 (Google scholar), Research ID: ORCID 0000-0003-4333-1494

Research interests:

My research is on Nonsuicidal Self-injury (NSSI), suicidality and trauma related disorders in children and adolescents. Throughout my research career I have focused on different aspects of these respective fields, including: epidemiology, neurobiological research, as well as treatment approaches.

Complete Publication List

Link: <https://pubmed.ncbi.nlm.nih.gov/?term=Plener+P&sort=date>
