

Curriculum vitae of Paul Lukas Plener

Name : Paul Lukas Plener
Degree : Prof. Dr., MD, MHBA
DOB: 21.09.1978 in St. Pölten, Austria
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Training:

1997- 2004 Medical study at the Medical University of Vienna, Austria, Doctoral degree (Dr.med.univ.): MD

11/ 2010 Board exam for child and adolescent psychiatry and psychotherapy

02/ 2011 Doctoral degree (Dr.med) at the University of Ulm, Germany („summa cum laude“)

10/2013-2015 Study of Health Business Management at the FAU Erlangen: Master of Health Business Administration (MHBA)

01/2015 Habilitation in Child and Adolescent Psychiatry and Psychotherapy at the University of Ulm

Work experience:

09/2005-12/2010 Residency at the Department of Child and Adolescent Psychiatry and Psychotherapy and at the Department of Psychiatry and Psychotherapy III, University of Ulm

01/2011-05/2013 Consultant and Managing Consultant at the Department of Child and Adolescent Psychiatry and Psychotherapy, University of Ulm, Germany

06/2013-01/2016 Deputy Medical Director at the Department of Child and Adolescent Psychiatry and Psychotherapy, University of Ulm, Germany

02/2016-07/2016 Senior research fellow: Department of Child and Adolescent Psychiatry and Psychotherapy Central Institute of Mental Health, Mannheim

08/2016- Deputy Medical Director at the Department of Child and Adolescent Psychiatry and Psychotherapy, University of Ulm, Germany

09/2016-03/2018 Full professor of Child and Adolescent Psychiatry and Psychotherapy at the University of Ulm

04/2018- Head of Department and full professor of Child and Adolescent Psychiatry at the Medical University of Vienna

Fellowships & Awards:

2006 Donald J. Cohen Fellowship of the IACAPAP (International Association of Child and Adolescent Psychiatry and Allied Professions)

2006/08/10/12 Travel fellowships of the German Research Foundation and the German Academic Exchange Agency

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| 2011 | Award of the Foundation for Outpatient Child and Adolescent Psychiatry for the project „Rock don't cut!“ |
| 2012 | IACAPAP: Helmut Remschmidt Research Seminar: |
| 2014 | ECNP School of Child and Adolescent Neuropsychopharmacology |
| 2016 | Teaching award from the University of Ulm |
| 2017 | Emminghaus Award from the German association of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy |

Third party funded research:

| Study | Sponsored by | Status |
|---|---|---------------|
| Competence center „Child protection in medicine“ | Medizinstrukturkommission; MWK BaWü | finished |
| Congress sponsoring: 10th annual meeting of the International Society for the Study of Self-Injury (ISSS), Heidelberg | German Research Foundation (DFG) | finished |
| Project „Movement Therapy in Child and Adolescent Psychiatry“ | Kässbohrer Stiftung | finished |
| Saving and Empowering Young Lives in Austria (SEYL-A) | Tiroler Landeskrankenanstalten | finished |
| CANMANAGE, Sub-project 2: Resilience | German Federal Ministry of Education and Research (BMBF) | finished |
| Creating a neurobiological model of NSSI | Lorentz Center Leiden | finished |
| #socialcontagion: an analysis of virtual social networks in Nonsuicidal Self-injury | VW Foundation | finished |
| KJPP Pharmakovigilance, Sub-project 2: Psychostimulants | Bundesinstitut für Arzneimittel und Medizinprodukte (BfArM) | finished |
| E-learning: SHELTER | German Federal Ministry of Education and Research (BMBF) | ongoing |
| Mental health in Refugees and Asylum Seekers (MEHIRA), Sub-project | Innovationsfonds | ongoing |
| Providing Online Ressource and Trauma Assessment for Refugees (PORTA): Sub-PI | German Federal Ministry Health (BMG) | ongoing |
| Strong schools against suicidality and self-injury (4S): PI | Landesstiftung Baden-Württemberg | ongoing |
| Self-Injury: Treatment Assessment Recovery (STAR): PI and consortium lead | German Federal Ministry of Education and Research (BMBF) | ongoing |

Publications (peer reviewed): 120

Research areas:

- **Nonsuicidal Self-Injury (NSSI):** Epidemiology, Neurobiology, Social Factors
- **Suicidality in youth:** Epidemiology, Diagnostic, Prevention
- **Trauma:** Neurobiology, Therapy
- **Mental health of refugee minors**